

# Walk the talk- PROFILE

Yogi as his friends affectionately call him has had over 30 years of diverse and leadership experience across India, UK and USA where he has worked, lived and excelled.

His last assignment was as part of leadership at Microsoft India He has several national and international awards and citations to his credit. He has chaired several national and international committees and organizations in honorary capacities.

He metamorphosed and metaversed from that in 2014 as the HAPPINESS SAVANT today.

Per a citation conferred upon him in 2022 at the British Parliament, House of Lords, UK, he has earned for himself the sobriquet, "Global Ambassador-Happiness".

He serves the board at the world happiness foundation, Miami, USA, where he is working on creating a blueprint on HAPPY CITIES for UN and on corporate happiness research with eminent global faculty across academia. WHF has created a unique framework on community happiness.

He has been a lateral thinker that he owes to his special ability as a self proclaimed dyslexic. He has a unique way of looking at people and things and brings forth a gifted and astute perspective.

He has set up a foundation titled: Your One Life Foundation and is fire-starting and tokenizing happiness on an app titled: YOL YOL will morph into a blockchain that shall tokenise in real value the commune on his public app

His work has been approved by the higher ed regulator [www.aicte-india.org](http://www.aicte-india.org) in India to be introduced as a self study course dispensed on the app that can be acquired and owned by any institution in a customised form. That impacts over 7 mn students in india across over 10000 public and private higher ed institutes.

While most talks and chants on happiness are either spiritual or ritual or chants, Yogi's is the the only objective, tangible and rational work in the world that makes "HAPPINESS" granular as it creates, calibrates, and celebrates happiness. His work is objective and game!

"Dope rules our lives, we do the same stuff and we ride a tiger by the tail with the same twins of boisterousness *fed* in us at one hand and fear of falling off the tiger's back and be seen *dead* on the other. It is all vested in the mind. Minds have become Brittle, Anxious, Non-linear and incomprehensible. We mirror your mind that helps you exact your vision as you replace dope with YourOneLife" says Yogi.

UN has recognized his work on happiness. He is also the current honorary commissioner attaché to Greece in India. YOL aligns with SDG #8 and #17.

He lives in Dharamsala, plays golf and treks with the shepherds. He is an author and a poet.

## Acknowledgements



"Yogi's model of happiness is highly original and covers more factors than most models describing how to create more happiness".

**Prof. Philip Kotler.**

UN SDGs invests in creating an equitable HAPPY WORLD that is the aggregate of each individual's aspiration & happiness. I admire Yogi for what he has created. Its a unique model in the world that identifies an individual who is the:  
LOWEST COMMON DENOMINATOR FOR UNSDGs.



**Prof. Phoebe Koundouri**  
**Ambassador UNSDG-Europe.**  
**Member Nobel Foundation**



"Considering how upto 6 hours of screen time on phone of an individual slices and short-circuits our attention spans, YOL is awesome as it reclaims the mind from the digital mist"

**Dr Samdu Chetri, founding director**  
**The Gross National Happiness Center, Bhutan**